



Parental Asthma Management Information  
20\_\_ to 20\_\_ School Year

Name: \_\_\_\_\_

Grade: \_\_\_\_\_

***Known Triggers***

(Check the triggers that apply to the student.)

- |   |  |  |
|---|--|--|
| <input type="checkbox"/> Exercise               | <input type="checkbox"/> Strong odors or fumes | <input type="checkbox"/> Other _____           |
| <input type="checkbox"/> Respiratory Infections | <input type="checkbox"/> Chalk dust/dust       | <input type="checkbox"/> Change in temperature |
| <input type="checkbox"/> Carpets in the room    | <input type="checkbox"/> Animals               | <input type="checkbox"/> Pollens               |
| <input type="checkbox"/> Molds                  | <input type="checkbox"/> Foods _____           |  |

Comments: \_\_\_\_\_

\_\_\_\_\_

***Control of School Environment***

List any environmental control measures, pre-medications, and/or dietary restrictions that the students needs to prevent an asthma episode.

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**Peak Flow Monitoring – if applicable**

Personal Best Peak Flow Number: \_\_\_\_\_

Monitoring Times: \_\_\_\_\_

**Daily Medication Plan**

	Medication	Amount	Times
1.	_____		
2.	_____		
3.	_____		

\*If medication will need to be given during school hours, an order from a medical provider will be needed.

**Comments/Special Instructions**

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**For Inhaled Medications**

My child has been instructed in the proper way to use his/her inhaler. I give my permission for \_\_\_\_\_ to carry his/her inhaler during school hours. I understand I need to provide a medical provider's signature stating so. Please refer to Action Plan or provider's note for signature.

I do not give \_\_\_\_\_ permission to carry his/her inhaler.

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Parent/Guardian Signature

Date