Student Health Requirements & Medical Forms

As we prepare for the upcoming school year, please review the following health requirements and medical information for your student. All required health forms and medication documents are available for download on the CCA website. Forms and requirements may be updated periodically, so families are encouraged to check the website throughout the summer.

Required Student Health Documentation

Upon Initial Enrollment (Any Grade)

- A current physical examination
- Updated immunization records or an approved medical/religious immunization waiver
- Documentation of Delaware-required tuberculosis (TB) screening completed within 12 months prior to school entry. In most cases, this consists of a TB Risk Assessment questionnaire. Additional TB testing may be required for students identified as higher risk.
- Lead screening results for Preschool through 1st Grade students (typically completed at the 1-year well visit)

Immunization Requirements

Students must provide updated immunization records in accordance with Delaware Department of Education and Delaware Division of Public Health requirements.

Families choosing to decline immunizations for medical or religious reasons may submit a completed and state-approved medical or religious immunization waiver in place of immunization records, as permitted under Delaware law.

Additional Physical Examination Requirements

- Upon entering Kindergarten
- Upon entering 6th Grade
- Upon entering 9th Grade

Although these are the minimum required grade levels for physicals, parents are encouraged to provide the nursing office with copies of annual wellness visits and updated immunization records whenever available.

Student Athletes

Students entering 6th–12th Grade who plan to participate in interscholastic athletics must have a current sports physical on file prior to participation. Families may choose to submit a sports physical instead of a standard physical examination to ensure eligibility for athletics throughout the school year.

Students with Medical Conditions

To ensure student safety and appropriate care during the school day, students with chronic or potentially emergent medical conditions must have updated medical documentation on file each school year.

- Asthma
- Severe allergies/anaphylaxis
- Diabetes
- Seizure disorders
- Cardiac conditions
- Other conditions requiring medication, monitoring, or emergency intervention during school hours

Required Documentation

- A completed medical provider order/action plan
- Parent/guardian consent forms
- Any prescribed medications or medical supplies prior to the first day of attendance

CCA accepts standardized action plans from healthcare providers, including Asthma Action Plans, Allergy/Anaphylaxis Action Plans, Diabetes Medical Management Plans, and Seizure Action Plans.

It is essential that emergency medications (such as inhalers, epinephrine auto-injectors, seizure rescue medications, or diabetic supplies) are submitted before the student's first day of school attendance.

Prescription & Over-the-Counter (OTC) Medications

Prescription Medications

- A written order from a licensed medical provider
- Parent/guardian authorization
- Medication in the original labeled pharmacy container

Over-the-Counter (OTC) Medications

CCA maintains annual standing orders for select over-the-counter medications commonly used in the school setting. Parents/guardians may voluntarily opt in by completing the CCA OTC Medication Authorization Form annually.

Only medications covered under current standing orders and authorized by the parent/guardian may be administered by the school nurse. Any medication not included in the standing orders will require an individual medical provider order.

All medications must be supplied in their original manufacturer or pharmacy-labeled container.